HELPU FY MHLENTYN I DDARLLEN

Mwynhau llyfrau yw'r elfen bwysicaf wrth ddysgu darllen.

Annog

Gallwch annog eich plentyn i sylwi ar eiriau a rhifau, yn hytrach na'i ddysgu i ddarllen. **Siarad** a **datblygu iaith** y plentyn yw'r allwedd i ddysgu darllen.

Sgwrsio a thrafod

Edrychwch ar y lluniau a **thrafodwch** beth sy'n tynnu sylw eich plentyn. Bydd hyn yn ei helpu i **ddeall** y stori ac i **ddyfalu** geiriau newydd.

Pleser

Nid faint o eiriau mae eich plentyn yn eu deall sydd yn bwysig! **Mwynhewch** y stori a'r amser **gyda'ch gilydd**!

Amser darllen

Darllenwch gyda'ch plentyn mor aml ag sy'n bosib – **unrhyw amser**, **unrhyw le** – yn y gwely, yn y car, yn y bath.

Yr wyddor

Anogwch eich plentyn i **ddysgu enwau** llythrennau a **synau** llythrennau. Mae angen bod yn gyfarwydd â llythrennau i adnabod eu siâp a'u trafod wrth eu henwau.

Hwyl

Chwaraewch **gêm** o "dwi'n gweld gyda'n llygaid bach i" a "Beth yw'r gair" ar arwyddion a labeli – yn y stryd ac yn eich cypyrddau. Ysgrifennwch nodiadau neu negeseuon i'ch plentyn – mae hyn yn ddull gwych i'w cael i **ganolbwyntio** ar eiriau.

Canmoliaeth

Dysgwch ganmol **ymdrechion** eich plentyn. Canolbwyntiwch ar yr hyn sy'n **gywir** ac nid ar gamgymeriadau. Stopiwch pan fyddan nhw wedi cael digon – nid **cosb** yw hyn i fod!

HELPING MY CHILD TO READ

The most important thing about learning to read is **enjoying** books.

Encourage

You can encourage him/her to notice words and numbers, instead of teaching them to read. The key to reading successfully is based on **talking** and **developing** the child's **language** skills.

Enjoyment

It is not important how many words your child knows! The **pleasure** of sharing books is more important!

The alphabet

Encourage your child to recognise letters and their **sounds**. Children need to familiarise with letters and recognising their shape and talk about them by name.

Praise

Learn to accept your child's **effort** with praise. Focus on the things which are **right**, not on mistakes. Stop when they've had enough – it's not a **punishment**!

Discuss

Look at the pictures/ illustrations and **discuss** anything that attracts your child's attention. This will help them **understand** the story and to **guess** new words.

Reading time

Read to your child as often as possible – **any time, any place, anywhere** – in bed, in the car, in the bath.

Fun

Playing **games** such as "I spy with my little eye" and "spot the word" on signs and labels – on the street, in shops and in your cupboards. Write notes and messages for your child – it's a great way to get them to **focus** on words.